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3515 North Belt West  
Belleville, IL 62226



**sharon's**  
**ride.run.walk.**



Epilepsy Foundation of Greater Southern Illinois

September 14, 2019

An event for Southern Illinois and the Gateway Region



### Why RIDE?

Run for the newly diagnosed individuals and families in Southern Illinois that need help

each year. We offer direct support, information, and referrals.



### Why RUN?

Ride for thousands of Southern Illinoisans with epilepsy who have uncontrolled seizures despite all the treatments

currently available.



### Why WALK?

Walk for all of the school children in Southern Illinois with epilepsy. We train school nurses,

teachers and support parents so that kids with epilepsy succeed in the classroom.



### Why CELEBRATE?

We join together to celebrate our epilepsy community with friends and loved ones who care

and rally to raise awareness.

## DETAILS

**Date:** September 14, 2019  
(Rain or Shine)  
**Location:** Gateway Grizzlies Stadium  
2301 Grizzlie Bear Blvd.  
Sauget, IL 62206

### Time Schedule

8:30 am Registration  
9:00 am Family Fun or 15K Bike Ride  
10:00 am 5K Run  
10:30 am 1 Mile Walk  
11:00 am Free Lunch

### Family Fun Activities

Face Painting Games/Obstacle Course  
Play Ball on the Field DJ/Music  
Balloon Making Pictures with Izzy  
And Shriner's Clowns...

**Take a chance to win our Mystery Raffle on the day of the event!**

### START A TEAM!

Registration fee is waived for Team Captains with teams of 10 or more. Invite your friends, family, co-workers, school, church or club to support/join your team. This fun event offers great visibility for your business and organization.

Every dollar raised at Sharon's Ride. Run. Walk. stays right here in Southern Illinois to support over 11,000 Southern Illinoisans living with epilepsy.

## REGISTRATION FORM 2019

Or register online at [www.efgreatersil.org](http://www.efgreatersil.org)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_  
Team Name (If applicable) \_\_\_\_\_

### Entry Fees

- Individual – 13 years and older, \$25 each
- Children (12 or Under), Seniors (62 and over) or disabled adults, \$15 each

### T-Shirt Sizes (please list quantities of each)

YS \_\_ YM \_\_ AS \_\_ AM \_\_ AL \_\_ AXL \_\_ A2X \_\_

List all participants below:

\_\_\_\_\_  
\_\_\_\_\_

I am not able to participate in Sharon's Ride. Run. Walk. but want to make a donation. Enclosed is my check for:

\$500 \$250 \$100 \$50 \$25 Other \$ \_\_\_\_\_

Complete this form and mail it along with your check payable to:

**Epilepsy Foundation of Greater Southern Illinois**  
**3515 North Belt West**  
**Belleville, IL 62226**

WAIVER: Helmets are required for riders. I hereby waive all claims against the Epilepsy Foundation of Greater Southern Illinois, sponsors, organizers, or any individual employed by or acting on behalf of the foregoing, as well as any organization or other entities that permit riders access to their premises, for any injury I might suffer in this event. I attest that I am physically fit and prepared for this event. I grant full permission for organizers to use photographs and video footage of me and quotations from me in legitimate accounts and promotions of this event. Entries from minors will only be accepted with a parent or legal guardian's signature.

Signature \_\_\_\_\_  
(parent or guardian's signature, if less than 18 years of age)